



The Power of Unity

How to apply the power of God in your workplace

Ephesians 3:14-4:6

¹⁴For this reason I kneel before the Father, ¹⁵from whom his whole family in heaven and on earth derives its name. ¹⁶I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, ¹⁷so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, ¹⁸may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, ¹⁹and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

²⁰Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, ²¹to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

¹As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. ²Be completely humble and gentle; be patient, bearing with one another in love. ³Make every effort to keep the unity of the Spirit through the bond of peace. ⁴There is one body and one Spirit—just as you were called to one hope when you were called— ⁵one Lord, one faith, one baptism; ⁶one God and Father of all, who is over all and through all and in all.

(New International Version)

Discussion Questions:

3:14-15 – Why did Paul kneel before Father God?

What name did God’s family have?

3:16 – What did Paul pray?

What difference could it make at work if you and your coworkers were strengthened with the power of the Holy Spirit in their inner being?

Why do you think Paul considered the power of God to be “glorious riches?”

3:17 – Why did Paul want the Ephesians to experience the power of God in their lives?

3:17-18 – What is the prerequisite to the power of God?

3:18 – Who has the power referred to here?

3:18-19 – Why else did Paul want the Ephesians to experience the power of God?

3:19 – Why is it important to understand the love of Christ?

3:20-21 – What is God able to do?

What is the power that is at work within us?

What is the glory in the church and Christ for eternity?

What difference would it make in our workplaces if we were to apply the power of God in our own work?

4:1 – What does Paul desire for us?

4:2 – How do we live worthy of being a child of God?

How should we act worthy of being a child of God at work?

4:3 – How else do we live worthy of being a child of God?

How do we keep the unity of the Spirit at work?

4:4-6 – What is unified? How are they unified?

How does God being “through all and in all” differ from pantheistic beliefs such as Hinduism and the New Age?

How is the power of God seen in the unity of the church?

How may we apply the power of God in our workplaces?